



This year the Society St. Vincent de Paul District Council of Minneapolis will host its 17th annual Friends of the Poor Walk/Run. The purpose of the walk is twofold: to help fund our Food Bank, "Vinnie's Hope," and to raise awareness of poverty in our neighborhood. We'll take a 1-2 mile walk through the neighborhood, ending with a free lunch for event participants. All funds will help to fund our local Food Bank, **Vinnie's Hope**.

When: Saturday, September 2021 @10:00 am

Where: St. Bonaventure Church, 901 E 90th Street, Bloomington MN 55420

Vinnie's Hope rescues and redistributes 3.84 million pounds of surplus food a year, feeding more than 5,000 people every week. Our refrigerated trucks retrieve donations of fresh produce, meat, dairy, and delicatessen products from local donors, and then make timely deliveries to more than a dozen Twin Cities food shelves.

Who Needs a FOOD BANK? With all the news about our robust economy, who needs a food bank? With one in five Minnesotans lacking enough food to feed themselves and their families, thousands of Twin Cities residents need help.

In the last few years Twin Cities metro area rents have soared to record highs. In March 2019, the average monthly rent for a one-bedroom apartment in the Twin Cities was \$1040. Average rent for a 2-bedroom apartment is \$1329.00. Many food shelf clients report spending 60-80% of their income on rent, with little left to buy food, medication, and other essentials.

In 2016, 23% of Minneapolis residents lived at or below the poverty line. In the South Minneapolis Phillips neighborhood, 26% of residents live below the poverty line. According to Federal guidelines, an individual making \$12,490 a year (\$1041/month) is considered at or below the Federal poverty line.

Financial contributions to this year's Walk/Run for the Poor will be used to help pay for refrigeration, utilities, and maintenance of the refrigerated trucks we rely on to pick up and deliver food to local food shelves.

Online donations: www.svdpmpls.org

Checks payable to: St. Vincent de Paul – Twin Cities

For more information, contact: Serina Drake, Vinnie's Food Program Manager

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SOCIETY OF
ST. VINCENT DE PAUL
TWIN CITIES

Hope in action.®